

NATIONAL KARATE ACADEMIES

www.nationalkarate.com.au

TUESDAY NIGHT

Our Lady of the River Primary School Hall McIntosh Street, Berri

JUNIORS: Class One: 5:30pm-6:30pm

Class Two: 6:30PM-7:30pm

SENIORS: 7:30pm - 9pm

FOR INFORMATION: INSTRUCTOR SCOTT MITCHELL 0417 827 517 E-MAIL:

nsmitch@bigpond.com

FREE FIRST LESSON

Learning self defence and discipline in a FAMILY FRIENDLY Martial Arts