

# IF YOU WERE attacked OR CONFRONTED at WORK WOULD YOU KNOW WHAT to DO?

Simple Effective  
Techniques

Tried and tested  
in the street



Teaches you to  
become an  
unstoppable force

## EXPLOSIVE SELF DEFENCE

HARD HITTING, NO NONSENSE SELF DEFENCE COURSE FOR MEN & WOMEN

### LEARN HOW TO:

★ READ AGGRESSION & TALK DOWN AN ATTACKER

★ KNOCK OUT AN ATTACKER

★ **SMASH** A BOARD WITH YOUR BARE HANDS

YOU WILL BE AMAZED AT WHAT YOU CAN DO

IF YOU ARE WORKING WITH THE GENERAL PUBLIC YOU NEED THIS COURSE

This course is run by highly qualified and skilled teachers.

Satisfaction guaranteed or your money back

ENQUIRIES: CHRIS PEARCE 0418832132

RENMARK TOWN HALL

DATE & VENUE: SUNDAY MAY 27th

54 Rai Rai Ave.

(9.30AM TO 4.30PM)

\$120 (THIS INCLUDES ALL TRAINING, MANUAL, BOARD & CERTIFICATE)

EARLY REGISTRATION ONLY **\$75**  
(LIMITED TIME ONLY)

Discounts available for group bookings

ONLY **\$50**  
(IF YOU HAVE DONE THE COURSE BEFORE)

This course is NOT karate training which is often ineffective in real life situations. Don't get caught by a false sense of security