



# **Tai Chi Meditation**



**6 week course**

**Sunday 3.30pm—4.30pm    Tuesday 7pm—8pm**

**2019 Internal Arts Course**

**An intensive 12 session course of training in:**

**Taji, Qigong, Meditation, Hawaiian Lua, Breath work**

**This is a life changing course in natural Health**

**When:** March 3rd ,5th,10th, 12th, 17th, 19th, 24th, 26th, 31st,  
April 2nd, 7th, 9th

**Where:** Renmark Institute Dojo (Upstairs)

**Cost :** \$120 All inclusive    (Bring a friend \$100)

## **Course Leader**

**Chris Pearce (8<sup>th</sup> Dan C.K.A.)**



**Internationally qualified**

**46 years experience in Martial and Healing arts**

**Training will include;**

**Taiji, Lua, Qigong, , Meditation, Breath work and a whole lot more.**

**For more details &/OR REGISTRATION**

**Phone Christopher Pearce 0418 832 132.**

**(There are limited places so please register now)**