



Riverland DNSP 2019

Emerging Group Mondays 5:45-7:00pm @ Berri

Elite Group Mondays 7:00-8:30pm @ Berri

Program to commence 29th April through school terms 2 , 3

We are accepting new registrations for players born 05, 06, 07, 08 for the 2018 group. Please email registration forms or questions to riverlanddnsp@outlook.com

Forms available on the Riverland Basketball Website or [click here](#)

Program content

Practices include the following core content:

Ball handling

Passing

Dribbling

Shooting

Rebounding

Individual offence

Individual defence

Team Strategies

Defensive Principles

Physical Testing

Benefits of the program

Professional coaching at individual, small group and squad training sessions

Exposure to national pathways

Opportunity to represent the program & SA Country Basketball

SA Country training uniforms (at own cost)

For more info please contact: **Danny Millard 0421476073**

For up-to-date info please join Facebook group: **Riverland DNSP**

Email: riverlanddnsp@outlook.com