

Our Lady of the River Primary School

Healthy Canteen Menu & Price List

October 2018

Friday Menu

*Please order lunches on a paper lunch bag. (available at front office if unable to provide your own)
Note : Do not use tape or staples to secure.*

RECESS MENU

Iced Finger Bun	\$2.00
Frozen Ice Stick (99% fruit)	\$0.50
Zooper Dooper (iceblock)	\$0.50

LUNCH MENU

Sandwiches and small rolls	\$2.00
Note: All sandwiches come buttered unless requested otherwise	
Wraps (Gluten free available)	\$2.50
Fillings	
Meat -Chicken, Ham or Beef	\$1.00
Cheese	\$.50
Salad (lettuce, tomato)	\$.30
Vegemite	\$.30

No charge for toasting

HOT FOOD

Chicken and Corn Pie	\$ 3.50
School Pie – Large	\$ 3.50
School Pie – Small	\$ 2.50
School Pasty – Large	\$ 3.50
School Pasty – Small	\$ 2.50
Sausage Roll	\$ 3.00
Mini Sausage Roll	\$ 1.50
Hot Dog	\$ 3.00
Hot Dog with Cheese	\$ 3.50
Tomato / BBQ Sauce	- Free

Ham & Pineapple OR Pepperoni OR Vegetarian Pizza	\$4.50
Half Ham and Pineapple / Pepperoni	\$2.50

Mini Chicken Wrap (Crumbed Chicken piece, lettuce, mayo)	\$2.50
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Vaalia Kids Yoghurt pouch Strawberry or Vanilla	\$2.50
Chocolate Custard	\$2.50

DRINKS

Summer Special

Vietnamese Chicken Rolls	\$5.50
Chicken Salad Pack - large	\$5.50
Chicken Salad Pack - small	\$4.50
Feta and chickpea Salad Pack - large	\$5.50
Feta and chickpea Salad Pack - small	\$4.50
Vegetarian Hotdogs	\$3.00
Containers with forks	

Chocolate Milk – Low Fat	\$ 2.50
Strawberry Milk – Low Fat	\$ 2.50
Honeycomb Milk	\$ 2.50
Apple Juice	\$ 2.50
Orange Juice	\$ 2.50
Apple and Blackcurrant Juice 250ml	\$ 2.50
Pineapple Juice	\$ 3.00