

FINAL

Our Lady of the River School Sports Day 2019



Date: Thursday October 31st

Venues: Our Lady of the River (9am - 11am)
Berri Town Oval (11.45am-5pm)

Staff Allocations to Teams and Year levels
Sports Day Co-ordinator - Luke Cotter
Scorers - Pat Perre

Teams	Year Levels	Staff
St Mary's	Foundation	Miss Eckermann
St Mary's	Year 1	Mrs. Perre
St Patrick's	Year 2	Miss Drogemuller
St Patrick's	Year 3	Mr. Preece
St Patrick's	Year 4	Stacey Hunter
St Joseph's	Year 5	Miss Roberts
St Patrick's	Year 6	Ms. Steele
St Joseph's	Year 7	Mrs. Oates

Welcome to the 2019 OLOR Sports Day!

We hope you have an amazing day watching the students and your child(ren) participate in a fair and fun environment.

Acknowledgement of Country

We acknowledge that the land on which we meet today is the traditional lands of the First Peoples of the River Murray and Mallee Region.

We respect their spiritual relationship with their Country and beliefs of their Traditional Owners, who have occupied, enjoyed, utilised and managed this area since the Creation.

We acknowledge the lands and waters of the River Murray, or Murrundi, as a living body, formed during Creation, and the Traditional Owners are part of its existence.

What my child should have

- Water Bottle
- Fruit
- Lunch
- Recess
- Hat
- Team Colours

Little Reminders

1. Keep it **FUN**
2. Be **ENTHUSIASTIC**
3. Emphasise **PARTICIPATION**
4. Accept **DECISIONS**
5. Cheer & Acknowledge **TEAM SPIRIT**

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Sports Day Thursday, October 31st
9 am start (OLOR) - 11.45am start (Berri Oval)

Outline of the day

9.00 am: Long Jump Finals (F – 7)

Time	Class	Teacher
9.00 am	Year 4	Stacey
9.15 am	Year 5	Miss Roberts
9.30 am	Year 6	Ms. Steele
9.45 am	Year 7	Mrs. Oates
10.00 am	Foundation	Miss Eckermann
10.15 am	Year 1	Mrs. Perre
10.30 am	Year 2	Miss Drogemuller
10.45 am	Year 3	Mr. Preece

9.20 am: High Jump Finals (4 – 7 Finalists)

Time	Class	Teacher
9.20 am	Year 4	Melody Pfeiler
9.40 am	Year 5	Melody Pfeiler
10.00 am	Year 6	Melody Pfeiler
10.20 am	Year 7	Melody Pfeiler

11.15 am: Walk to Berri Oval

11.45 am: Lunch at Berri Oval

12 pm: Opening and Welcome to Country
Mrs. Oates & Senior Captains

12.15 pm: Health Hustle – led by students

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12.30 pm: Field Events

R-3

	Vortex Throw	Football Kick	Bean-bag Accuracy	Standing Jump
12.30pm	Foundation	Year 1	Year 2	Year 3
12.45pm	Year 1	Year 2	Year 3	Foundation
1.00pm	Year 2	Year 3	Foundation	Year 1
1.15pm	Year 3	Foundation	Year 1	Year 2

4-7

	Vortex Throw	Football Kick	Bean-bag Accuracy	Standing Jump
12.30pm	Year 4	Year 5	Year 6	Year 7
12.45pm	Year 5	Year 6	Year 7	Year 4
1.00pm	Year 6	Year 7	Year 4	Year 5
1.15pm	Year 7	Year 4	Year 5	Year 6

1.30 – 1.45 pm: Drink Break and Snack

Water and refreshments will be available from the Grand Stand.

1.45 – 2.45 pm: Team Games

1. SP (4-7) Over and Under Spoke Relay
2. JP (R-3) Sack Race
3. SP (4-7) Sack Race
4. JP (R-3) Ladder Race
5. SP (4-7) Around the World
6. JP (R-3) Bean Bag Race
7. SP (4-7) Sprint/Hurdle relay
8. JP (R-3) Supersonic Baton Change

2.45 – 3.00 pm: Drink Break and Snack

Water and refreshments will be available from the Grand Stand

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3.00 – 3.55 pm: Track Events

Time	Event	Race
3.00	400m	Boys 4-7
3.01	400m	Girls 4-7
3.05	50m	F Girls Heat 1
3.07	50m	F Girls Heat 2
3.09	50m	F Boys Heat 1
3.11	50m	F Boys Heat 2
3.13	50m	Yr 1 Girls Heat 1
3.15	50m	Yr 1 Girls Heat 2
3.17	50m	Yr 1 Boys Heat 1
3.19	50m	Yr 2 Girls Heat 1
3.21	50m	Yr 2 Girls Heat 2
3.23	50m	Yr 2 Boys Heat 1
3.25	70m	Yr 3 Girls Heat 1
3.27	70m	Yr 3 Girls Heat 2
3.29	70m	Yr 3 Boys Heat 1
3.31	70m	Yr 4 Girls Heat 1
3.33	70m	Yr 4 Boys Heat 1
3.35	70m	Yr 4 Boys Heat 2
3.37	100m	Yr 5 Girls Heat 1
3.39	100m	Yr 5 Boys Heat 1
3.41	100m	Yr 5 Boys Heat 2
3.43	100m	Yr 6 Girls Heat 1
3.45	100m	Yr 6 Boys Heat 1
3.47	100m	Yr 7 Girls Heat 1
3.49	100m	Yr 7 Girls Heat 2
3.51	100m	Yr 7 Boys Heat 1

3.55 – 4.05 pm: Relays

Team Relay (R-3)

Team Relay (4-7)

4.05 – 4.20 pm: Tug o' War

4.30 pm: Presentations – Barbecue Tea

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Field Events

Junior (R-3)

Vortex Throw
Football Kick
Bean Bag Accuracy
Standing Jump

Senior (4-7)

Vortex Throw
Football Kick
Bean Bag Accuracy
Standing Jump
High Jump Finals (School)
Long Jump Finals (School)

Team Games

Junior (R-3)

Bean Bag Race
Sack Race
Ladder Race
Supersonic Baton Race

Senior (4-7)

Under and Over Spoke
Sack Race
Around the World
Sprint/Hurdle Shuttle

Track Events

Foundation – 50m

Year 1 – 50m

Year 2 – 50 m

Year 3 – 70 m

Year 4 – 70 m

Year 5 – 100m

Year 6 – 100m

Year 7 – 100m

Open (4-7) - 400m

Team Relay (R-3) – 50m

Team Relay (4-7) – 80 m

