

FINAL

Our Lady of the River School Sports Day 2019



Dates:

Thursday October 31st, 2019

Friday November 1st, 2019

Venues:

Berri Town Oval (8am - 11.35am)

Our Lady of the River (8am - 11.35am)

Sports Day Co-ordinator - Luke Cotter

Scorer - Pat Perre

| Teams | Year Levels | Staff |
|--------------|-------------|------------------|
| St Mary's | Foundation | Miss Eckermann |
| St Joseph's | Year 1 | Mrs. Perre |
| St Mary's | Year 2 | Miss Drogemuller |
| St Patrick's | Year 3 | Mr. Preece |
| St Mary's | Year 4 | Stacey Hunter |
| St Patrick's | Year 5 | Miss Roberts |
| St Patrick's | Year 6 | Ms. Steele |
| St Mary's | Year 7 | Mrs. Oates |

Welcome to the 2019 OLOR Sports Day!

We hope you have an amazing day watching the students and your child(ren) participate in a fair and fun environment.

Acknowledgement of Country

We acknowledge that the land on which we meet today is the traditional lands of the First Peoples of the River Murray and Mallee Region.

We respect their spiritual relationship with their Country and beliefs of their Traditional Owners, who have occupied, enjoyed, utilised and managed this area since the Creation.

We acknowledge the lands and waters of the River Murray, or Murrundi, as a living body, formed during Creation, and the Traditional Owners are part of its existence.

What my child should have

- Water Bottle
- Fruit
- Lunch
- Recess
- Hat
- Team Colours

Little Reminders

1. Keep it **FUN**
2. Be **ENTHUSIASTIC**
3. Emphasise **PARTICIPATION**
4. Accept **DECISIONS**
5. Cheer & Acknowledge **TEAM SPIRIT**

FINAL
Thursday October 31st
8am - 11.15am (Berri Oval)

8.00am: **Opening and Welcome to Country**
Mr. Cotter & School Captains

8.15am: **Health Hustle**
House Captains

8.30 – 9.30am: Track Events

| Time | Event | Race |
|------|-------|-------------------|
| 8.30 | 100m | Yr 7 Boys Race 1 |
| 8.32 | 100m | Yr 7 Girls Race 1 |
| 8.34 | 100m | Yr 7 Girls Race 2 |
| 8.36 | 100m | Yr 6 Boys Race 1 |
| 8.38 | 100m | Yr 6 Girls Race 1 |
| 8.40 | 100m | Yr 5 Boys Race 1 |
| 8.42 | 100m | Yr 5 Boys Race 2 |
| 8.44 | 100m | Yr 5 Girls Race 1 |
| 8.46 | 70m | Yr 4 Boys Race 1 |
| 8.48 | 70m | Yr 4 Boys Race 2 |
| 8.50 | 70m | Yr 4 Girls Race 1 |
| 8.52 | 70m | Yr 3 Boys Race 1 |
| 8.54 | 70m | Yr 3 Girls Race 1 |
| 8.56 | 70m | Yr 3 Girls Race 2 |
| 8.58 | 50m | Yr 2 Boys Race 1 |
| 9.00 | 50m | Yr 2 Girls Race 1 |
| 9.02 | 50m | Yr 2 Girls Race 2 |
| 9.04 | 50m | Yr 1 Boys Race 1 |
| 9.06 | 50m | Yr 1 Girls Race 1 |
| 9.10 | 50m | Yr 1 Girls Race 2 |
| 9.12 | 50m | F Boys Race 1 |
| 9.14 | 50m | F Boys Race 2 |
| 9.16 | 50m | F Girls Race 1 |
| 9.20 | 50m | F Girls Race 2 |
| 9.24 | 400m | Open Boys 4-7 |
| 9.25 | 400m | Open Girls 4-7 |

FINAL

9.35 – 9.50am: Relays

Team Relay (R-3)

Team Relay (4-7)

9.50 – 10.05am: Drink Break and Snack

Water and refreshments will be available from the Grand Stand.

10.05 – 11.05am: Field Events

R-3

| | Vortex Throw | Football Kick | Bean-bag Accuracy | Standing Jump |
|---------|--------------|---------------|-------------------|---------------|
| 10.05am | Foundation | Year 1 | Year 2 | Year 3 |
| 10.20am | Year 1 | Year 2 | Year 3 | Foundation |
| 10.35am | Year 2 | Year 3 | Foundation | Year 1 |
| 10.50am | Year 3 | Foundation | Year 1 | Year 2 |
| | | | | |

4-7

| | Vortex Throw | Football Kick | Bean-bag Accuracy | Standing Jump |
|---------|--------------|---------------|-------------------|---------------|
| 10.05am | Year 4 | Year 5 | Year 6 | Year 7 |
| 10.20am | Year 5 | Year 6 | Year 7 | Year 4 |
| 10.35am | Year 6 | Year 7 | Year 4 | Year 5 |
| 10.50am | Year 7 | Year 4 | Year 5 | Year 6 |
| | | | | |

11.15am: Travel back to OLOR

12.15 pm: High Jump Finals (4 – 7 Finalists)

| Time | Class | Teacher |
|---------|--------|---------|
| 12.15pm | Year 4 | Luke |
| 12.45pm | Year 5 | Luke |
| 1.00pm | Year 6 | Luke |
| 1.20pm | Year 7 | Luke |

FINAL
Friday November 1st
8am - 11.15am (OLOR)

Rolling cooked breakfast through the morning

8.00am: **Opening and Welcome to Country**
Mr. Cotter & School Captains

8.15am: **Health Hustle**
House Captains

8.30 am: **Team Games**

1. SP (4-7) Sprint/Hurdle Relay
2. SP (4-7) Over and Under Spoke Relay
3. SP (4-7) Around the World
4. SP (4-7) Sack Race
5. JP (R-3) Sack Race
6. JP (R-3) Ladder Race
7. JP (R-3) Bean Bag Race
8. JP (R-3) Supersonic Baton Change

10.00am: **Long Jump Finals (F – 7)**

| Time | Class | Teacher |
|----------|------------|-----------|
| 10.00 am | Year 4 | Melody |
| 10.15 am | Year 5 | Nicolette |
| 10.30 am | Year 6 | Mel S |
| 10.45 am | Year 7 | Ros |
| 11.00 am | Foundation | Georgia E |
| 11.15 am | Year 1 | Rosie |
| 11.30 am | Year 2 | Cobie |
| 11.45 am | Year 3 | James |

FINAL

10.00am: F-3 Tug o' War

| Time | Team | v | Team |
|-------------|-----------------|----------|-----------------|
| 10.00 am | Joeys | | Snakes |
| 10.02 am | Kangaroos | | Frogs |
| 10.04 am | Sharks | | Whales |
| 10.06 am | Frogs | | Joeys |
| 10.08 am | Whales | | Snakes |
| 10.10 am | Sharks | | Kangaroos |
| 10.12 am | Joeys | | Whales |
| 10.14 am | Frogs | | Sharks |
| 10.16 am | Snakes | | Kangaroos |
| 10.18 am | Sharks | | Joeys |
| 10.20 am | Kangaroos | | Whales |
| 10.22 am | Snakes | | Frogs |
| 10.24 am | Joeys | | Kangaroos |
| 10.26 am | Sharks | | Snakes |
| 10.28 am | Whales | | Frogs |
| 10.30 am | 5 th | | 6 th |
| 10.35 am | 3 rd | | 4 th |
| 10.40 am | 1 st | | 2 nd |

11.00am: 4-7 Tug o' War

| Time | Team | v | Team |
|-------------|-----------------|----------|-----------------|
| 11.00 am | Wallabies | | Crocs |
| 11.02 am | Wombats | | Lizards |
| 11.04 am | Dolphins | | Crabs |
| 11.06 am | Lizards | | Wallabies |
| 11.08 am | Crabs | | Crocs |
| 11.10 am | Dolphins | | Wombats |
| 11.12 am | Wallabies | | Crabs |
| 11.14 am | Lizards | | Dolphins |
| 11.16 am | Crocs | | Wombats |
| 11.18 am | Dolphins | | Wallabies |
| 11.20 am | Wombats | | Crabs |
| 11.22 am | Crocs | | Lizards |
| 11.24 am | Wallabies | | Wombats |
| 11.26 am | Dolphins | | Crocs |
| 11.28 am | Crabs | | Lizards |
| 11.30 am | 5 th | | 6 th |
| 11.35 am | 3 rd | | 4 th |
| 11.40 am | 1 st | | 2 nd |

Track Events

Junior (R-3)

Vortex Throw
Football Kick
Bean Bag Accuracy
Standing Jump

Senior (4-7)

Vortex Throw
Football Kick
Bean Bag Accuracy
Standing Jump
High Jump Finals (School)
Long Jump Finals (School)

Junior (R-3)

Bean Bag Race
Sack Race
Ladder Race
Supersonic Baton Race

Senior (4-7)

Under and Over Spoke
Sack Race
Around the World
Sprint/Hurdle Shuttle

Foundation – 50m

Year 1 – 50m

Year 2 – 50 m

Year 3 – 70 m

Year 4 – 70 m

Year 5 – 100m

Year 6 – 100m

Year 7 – 100m

Open (4-7) - 400m

Team Relay (R-3) – 50m

Team Relay (4-7) – 80 m

